VCU Gerontology’s Fall Training Conference: Person-Centered Care 2.0

Topics for the day will include:

- Trauma and Resilience: Reconnecting to Sources of Strengths
- 5B: The Trauma of AIDS and the Caring Response by Health Professionals in San Francisco in the early 80’s
- Understand Trauma’s Impact on Mental Health in Later Life
- Utilizing a Person-Centered Approach to Care: Communication and Understanding Behaviors
At the end of this training, participants will have an increased:

**Keynote: Trauma and Resilience: Reconnecting to Sources of Strengths**
- Ability to define trauma and resilience
- Ability to explain the body’s fight-flight-freeze and rest and digest stress responses
- Ability to explore trauma-informed care and pathways of change

**Session 1: 5B, The Trauma of AIDS**
- Ability to explain trauma-informed and person-centered principles and practices as it related to a diverse population
- Ability to apply holistic well-being strategies to care practices

**Session 2: Understand Trauma’s Effect on Mental Health**
- Ability to explain the potential for trauma to have lingering mental health impacts in later life
- Ability to apply strategies to explore and recognize an individual’s traumatic experiences and connect them to supportive resources

**Session 3: Utilizing a Person-Centered Approach to Care: Communication and Understanding Behaviors**
- Ability to identify two principles of Person-Centered Care
- Ability to identify 3 effective communication strategies for communicating with persons living with dementia
Why is this important?

Person-centered approaches are the foundation of long-term community care and resident rights. This course will better prepare participants to recognize where person-centered care can be improved and help highlight how trauma may be addressed in their facility. This workshop will spread awareness to key community stakeholders on the importance of promoting a healthy environment for a diverse community with person-centered practices.

Who should attend?

This training is geared towards professional caregivers working in assisted living facilities or adult day center settings, but we invite all of those interested in the topic to participate.

Who are the trainers?

Trainers for this seminar are Gerontologists, educators and/or consultants who specialize in the care of older adults.
FALL 2019 Registration Materials

TOPIC: Fall Conference: Person-Centered Care 2.0

Payment and Registration Instructions

ONLINE PAYMENT AND REGISTRATION
To pay by credit card and register online go to: VCUAGWAVEEVENTS. VIRGINIAINTERACTIVE.ORG

OR
SEND REGISTRATION FORM TO:
BY MAIL:
VCU Department of Gerontology
Fall Training Conference
PO Box 980228
Richmond, VA 23298

MAKE CHECK OR MONEY ORDER PAYABLE TO:
   VIRGINIA COMMONWEALTH UNIVERSITY

WE LOOK FORWARD TO SEEING YOU!

Possible scholarships upon request

Please contact us at 804-828-1565 or agingstudies@vcu.edu if you have any questions!

TOPIC: Person-Centered Care 2.0

Name (Attach list of necessary)
__________________________________________
Community Name and Address
__________________________________________
__________________________________________
__________________________________________

Work Phone: Home Phone:
____________ _________

Are you employed by a licensed ALF or ADCC?
□ YES □ NO

Make check or money order payable to:
VIRGINIA COMMONWEALTH UNIVERSITY

Email:
__________________________________________

□ November 6th _______ X $15.00

Please Note:

• Does not include $10 payment for CEUs

• Refunds will NOT be provided unless the session is cancelled by the VCU Department of Gerontology.

• Certificates will NOT be provided for late arrivals or early departures.

Wednesday, November 6th
Sign In: 8:30am | Workshop: 9:00am-4:00pm
Westminster Canterbury Richmond | Cochrane Commons room
1600 Westbrook Ave, Richmond, VA 23227
Parking: Azalea Mall lot, shuttles will be available

Breakfast and lunch provided!